

Gallatin Behavioral Health Continuum

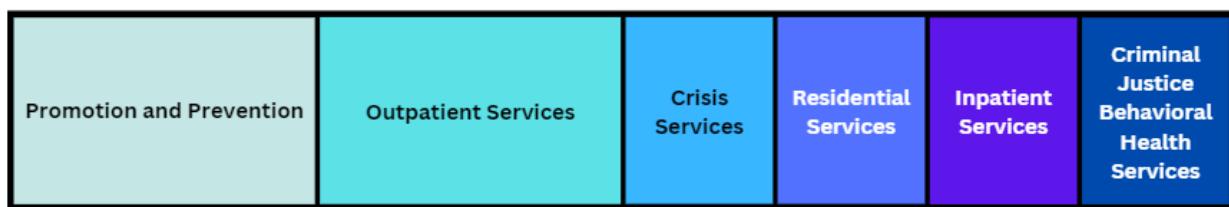
Winter 2024-25 Status Update

Overview

This document provides an overview of behavioral health services available to adults and youth in Gallatin County. Behavioral health encompasses the prevention, diagnosis, and treatment of mental health conditions and substance use disorders.¹

Gallatin County's behavioral health continuum of care includes a range of programs and services designed to promote universal individual, family, and community well-being and address diverse mental health and substance use disorder needs spanning from low to high levels of acuity. Lower-acuity behavioral health services are delivered in home and community-based settings, while higher-acuity services are provided in residential, inpatient, and institutional settings.

Figure 1. Behavioral Health Continuum



- **Promotion and prevention:** Promotion and prevention services are programs or interventions designed to improve positive behavioral health and reduce negative outcomes. These services often address social determinants of health such as housing, employment/income, nutrition, and childcare.^{2 3} Examples of promotion and prevention efforts include awareness campaigns, school-based services, and 211 services.
- **Outpatient services:** Outpatient services are delivered in home and community-based settings, including in-person and telehealth appointments with care providers or participation in group therapy/recovery sessions. These services may include screening, assessment, diagnosis, treatment, and recovery support. Examples of outpatient services include walk-in clinics, Assertive Community Treatment (ACT), crisis respite, and school-based therapy.⁴

¹ <https://www.ama-assn.org/delivering-care/public-health/what-behavioral-health>

² Miles, J., Espiritu, R. C., Horen, N., Sebian, J., & Waetzig, E. (2010). A public health approach to children's mental health: A conceptual framework. *Washington, DC: Georgetown University Center for Child and Human Development, National Technical Assistance Center for Children's Mental Health*.

³ <https://youth.gov/youth-topics/youth-mental-health/mental-health-promotion-prevention - ftn>

⁴ <https://dphhs.mt.gov/assets/BHDD/MedicaidManual/425MHOPTherapy.pdf>

- **Crisis services:** Crisis services are designed to quickly and effectively respond to urgent mental health and substance use crisis needs. Crisis services are available to anyone, anywhere, and at any time, and include:
 1. Crisis call lines
 2. Mobile crisis response teams
 3. Crisis receiving and stabilization services⁵
- **Residential services:** Residential services provide structured living environments, including shelters, homes, and psychiatric residential treatment facilities for youth. These services offer constant observation and clinical behavioral health care for short-term stays. The primary goal of residential services is to support recovery so individuals can return safely to their homes and communities.⁶
- **Inpatient services:** Inpatient services provide 24/7 care and supervision in a hospital or specialized behavioral health facility. Patients stay overnight and receive support from a multidisciplinary team of behavioral health professionals. These services are typically initiated in response to a crisis or acute event.
- **Criminal Justice behavioral health services:** Criminal justice behavioral health services support individuals during incarceration and as they transition back to the community. These services include probation, parole, reentry programs, treatment court, and mental health court.

Continuum Service Status

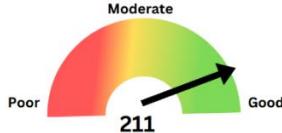
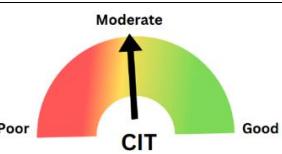
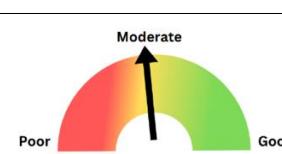
This document provides an overview of behavioral health services along the continuum of care and evaluates their current status. Services are categorized as:

- **Good:** This service is available in Gallatin County but may not yet be fully optimized.
- **Moderate:** This service is either available in Gallatin County or is in the planning stage. If it is available, strategic actions are needed to further develop and improve it.
- **Poor:** This service is either not available in Gallatin County, is not in the planning stages, or is not functioning well.

⁵ <https://www.samhsa.gov/sites/default/files/national-guidelines-for-behavioral-health-crisis-services-executive-summary-02242020.pdf>

⁶ <https://aspe.hhs.gov/reports/state-residential-treatment-behavioral-health-conditions>

Promotion and Prevention

Service	Description	Rating
211	<p>211 is a resource and referral service accessible by phone or online.⁷ In Gallatin County, the Help Center answers 211 calls, helping people connect to the resources they need.</p>	
Awareness Campaign	<p>Awareness campaigns aim to teach people about important issues, such as health.⁸ Past campaigns, including the “Are You In?” campaign, Man Therapy, and the Salons and Saloons event, focused on mental well-being and suicide prevention.</p>	
Crisis Intervention Team (CIT)	<p>The Gallatin County Sheriff’s Office Crisis Intervention Team (CIT) works with other behavioral health organizations to support behavioral health crisis response.⁹ CIT trains first responders and others about how to effectively respond to and support people in behavioral health crisis.</p>	
Drop-in Center	<p>The HRDC operates a Drop-in Center, offering people experiencing homelessness a safe place to rest.¹⁰ Guests can use Wi-Fi, take showers, do laundry, and receive food. The Drop-in Center also provides case management services. There is potential to expand drop-in services to include people with mental illness who are not unsheltered.</p>	
School Wellness Services	<p>School districts across Gallatin County offer a variety of promotion and prevention services to improve student wellness and resilience. Many regional schools implement multi-tiered systems of support to maximize academic achievement and health.¹¹</p>	

⁷ <https://montana211.org/about.php>

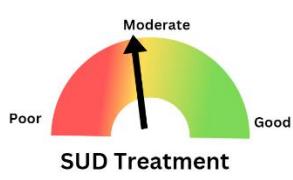
⁸ <https://www.abc.virginia.gov/library/education/pdfs/bolt/classroom/purpose-awareness-campaigns-guide.pdf>

⁹ <https://www.nami.org/advocacy/crisis-intervention/crisis-intervention-team-cit-programs/>

¹⁰ <https://thehrdc.org/housing/homeless-services/drop-in-center/>

¹¹ <https://opi.mt.gov/Educators/Teaching-Learning/Multi-Tiered-Systems-of-Support>

Outpatient

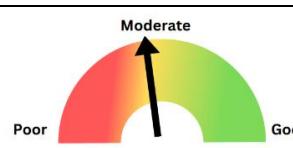
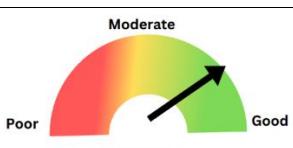
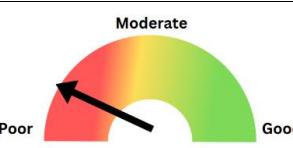
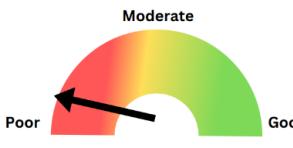
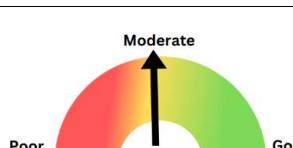
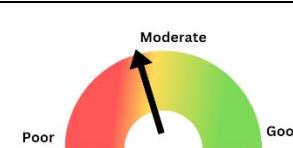
Service	Description	Rating
Supportive Housing	Supportive housing combines affordable housing with support services to help vulnerable community members, including those with mental illness, histories of trauma, chronic health conditions, and other challenges, find a path to recovery. ¹² Organizations including HRDC ¹³ and Greater Impact ¹⁴ provide supportive housing, but increased capacity is needed to meet the growing demand.	 <p>Supportive Housing</p>
Mental Health Treatment	Gallatin County has a strong community of private behavioral health providers who offer outpatient care. However, the demand for care exceeds the supply in safety-net organizations that serve socially and medically complex individuals who are more likely to be publicly insured (Medicaid or Medicare), under-insured (high deductible insurance plans), or uninsured.	 <p>Mental Health Treatment</p>
Substance Use Disorder (SUD) Treatment	Gallatin County has limited substance use disorder (SUD) treatment services, especially for individuals who rely on safety-net organizations for care.	 <p>SUD Treatment</p>
Integrated Behavioral Health (IBH)	Integrated Behavioral Health (IBH) involves behavioral health and medical professionals collaborating to provide comprehensive patient care. Many regional healthcare providers screen for depression and anxiety during primary care visits and connect patients to behavioral health services when needed.	 <p>Integrated Behavioral Health</p>
Follow-up Program	The Help Center operates a Follow-up Program that supports people after a behavioral health crisis. ¹⁵ Using a trauma-informed approach, the program helps keep people safely in their homes and communities while connecting these individual to needed safety and health resources.	 <p>Follow-up Program</p>

¹² <https://www.cbpp.org/research/supportive-housing-helps-vulnerable-people-live-and-thrive-in-the-community>

¹³ <https://thehrdc.org/housing/affordable-housing/rpm/>

¹⁴ <https://www.greaterimpact.us/sober-living>

¹⁵ <https://www.bozemanhelpcenter.org/telephone-reassurance.html> -
~:text=%E2%80%8BFollow%2Dup%20calls%20are,care%20and%20not%20a%20substitute.

Assertive Community Treatment (ACT)	<p>Assertive Community Treatment (ACT) involves a multi-disciplinary team of providers who work together to help people with serious mental illness access the services and supports they need to live successfully in their communities.¹⁶ Gallatin County will launch an ACT team in early 2025, with a focus on serving individuals in the Housing First village.</p>	
Walk-in Clinic	<p>Bozeman Health is piloting a walk-in clinic that offers psychiatric care, care coordination, and resource navigation. The clinic operates Monday through Saturday, from 9:00 AM to 4:00 PM.</p>	
Projects for Assistance in Transition from Homelessness (PATH)	<p>The Projects for Assistance in Transition from Homelessness (PATH) program helps people transition out of homelessness by connecting them with mental health and SUD services and assisting them in securing housing.¹⁷ Community Health Partners and HRDC are implementing Gallatin County's PATH program.¹⁸</p>	
Crisis Respite	<p>Gallatin County does not have a crisis respite service.</p>	
Youth Crisis Respite	<p>Gallatin County does not have youth crisis respite services.</p>	
School-Based Outpatient Treatment (SBOT)	<p>School-Based Outpatient Treatment (SBOT) is an outpatient therapy service provided in a school setting that might include individual, family, and group therapy.¹⁹ While larger schools in Gallatin County provide SBOT, smaller, rural schools currently lack this service.</p>	
Day Treatment Services	<p>Day treatment services offer intensive, personalized therapeutic intervention within an academic setting for</p>	

¹⁶ <https://my.clevelandclinic.org/health/treatments/assertive-community-treatment-act>

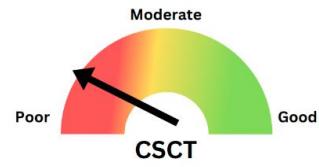
¹⁷ <https://www.samhsa.gov/homelessness-programs-resources/path>

¹⁸ <https://dphhs.mt.gov/BHDD/Prevention/ProjectsforAssistanceinTransitionfromHomelessnessPATH>

¹⁹ <https://dphhs.mt.gov/assets/BHDD/CMB/CMHServicesContinuumofCare.pdf>

students with serious emotional challenges.^{20 21 22} The Bozeman School District provides day treatment services in collaboration with Yellowstone Boys and Girls Ranch and Intermountain. However, other school districts in Gallatin County do not currently offer day treatment services.

Comprehensive School and Community Treatment (CSCT)	<u>Comprehensive School and Community Treatment (CSCT)</u> is a top-tier mental health intervention provided in public schools to help students develop the skills and behaviors necessary for success in school and in life. ^{23 24} However, funding challenges have limited the program's capacity in most schools.
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²⁰ <https://rules.mt.gov/browse/collections/aec52c46-128e-4279-9068-8af5d5432d74/policies/7d16b64b-e2d9-4b04-8c59-bbbfd221b488>

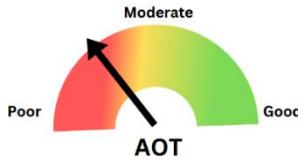
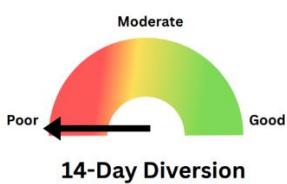
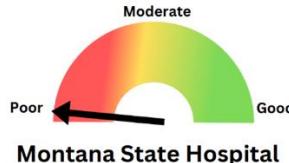
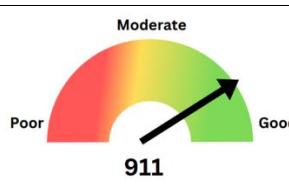
²¹ <https://dphhs.mt.gov/assets/BHDD/CMB/CMHBServicesContinuumofCare.pdf>

²² <https://dphhs.mt.gov/assets/BHDD/CMB/FinalCMHBMedicaidServicesProviderManual05-12-23.pdf>

²³ <https://dphhs.mt.gov/BHDD/cmb/ComprehensiveSchoolandCommunityTreatmentCSCT>

²⁴ <https://dphhs.mt.gov/assets/BHDD/CMB/CMHBServicesContinuumofCare.pdf>

Crisis

Service	Description	Rating
Assisted Outpatient Treatment (AOT)	Assisted Outpatient Treatment (AOT) programs, known as Community Commitment in Montana, ²⁵ typically include intensive case management, housing assistance, therapy, SUD services, and medication management. ²⁶ Gallatin County was awarded a SAMHSA grant in September 2024 to develop an AOT program.	
14-Day Diversion	Judges may order individuals in crisis to a 14-day diversion program in a community-based inpatient mental health program, as an alternative to the Montana State Hospital. Programs provide assessment, inpatient behavioral health treatment, case management, and referral to outpatient services once the individual is stabilized and ready to return to the community. Gallatin County does not currently have a 14-day diversion program, but this will become an option once Bozeman Health opens its psychiatric inpatient unit in 2025.	
Montana State Hospital	The Montana State Hospital (MSH) ²⁷ is intended to provide the highest level of behavioral health services to individuals unable to be served safely in local communities. However, MSH lost its certification from the Centers for Medicare and Medicaid Services (CMS) ²⁸ in April 2022 and continues to operate poorly.	
911	911 provides emergency response support for behavioral health emergencies. It can dispatch mobile crisis response services, law enforcement, fire, and emergency medical services. In the future, 911 will also connect some people experiencing behavioral health crises to 988 for phone-based crisis response.	
Mobile Crisis Response	The Gallatin Mobile Crisis (GMC) ²⁹ team provides mobile crisis response services seven days a week, 12 hours a day. The program is hoping to grow to be able to run 24/7/365. The GMC team is dispatched through 988 or 911.	

²⁵ <https://archive.legmt.gov/content/Committees/Interim/2013-2014/Children-Family/Committee-Topics/HJR16/hjr16-montana-outpatient-assisted-treatment-laws-jan2014.pdf>

²⁶ <https://crimesolutions.ojp.gov/ratedprograms/assisted-outpatient-treatment-aot - 1-0>

²⁷ <https://dphhs.mt.gov/healthcarefacilities/msh/>

²⁸ <https://www.cms.gov/medicare/health-safety-standards/certification-compliance>

²⁹ <https://www.gallatinmt.gov/gallatin-behavioral-health-coalition/pages/someone-respond-mobile-crisis-services>

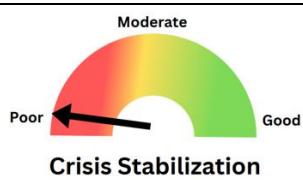
Crisis Receiving Bozeman Health operates a Psychiatric Emergency Services (PES) [unit](#)³⁰ which provides crisis receiving services.



Youth Crisis Receiving There is no youth crisis receiving program in Gallatin County. Youth in crisis go to Bozeman Health's emergency department for care. The [Gallatin Youth Behavioral Health campus](#) will provide youth crisis receiving and stabilization services in its first stage of operations under the Yellowstone Boys and Girls Ranch.³¹



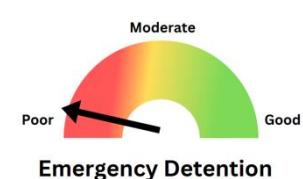
Crisis Stabilization There is no adult crisis stabilization program in Gallatin County.



Youth Crisis Stabilization There is no youth crisis stabilization program in Gallatin County. This service will be provided at the Gallatin Youth Behavioral Health campus.



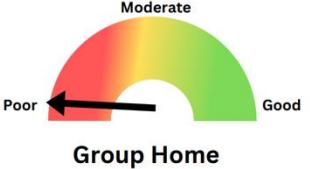
Emergency Detention Gallatin County does not have local emergency detention beds. Bozeman Health may provide this service in its inpatient unit once it opens.



³⁰ <https://www.bozemanhealth.org/services/behavioral-health/>

³¹ <https://www.gallatinmt.gov/gallatin-behavioral-health-coalition/pages/gallatin-youth-behavioral-health-campus>

Residential

Service	Description	Rating
Group Home	Group homes are communal homes for either those with severe disabilities, mental illnesses, or substance use disorders who are working on becoming sober. ³² There are currently no behavioral health group homes for adults in Gallatin County.	 <p>Group Home</p>
Youth Group Home	There are no group homes or therapeutic group homes for youth in Gallatin County.	 <p>Youth Group Home</p>
Shelter	HRDC runs the Warming Center , which is an emergency shelter to provide those facing home insecurity and homelessness a warm and safe place to sleep during the colder months. ³³ HRDC is opening a shelter called Homeward Point in 2025.	 <p>Shelter</p>
Youth Shelter	HRDC operates the Blueprint shelter for youth and young adults in Gallatin County struggling with housing instability. ³⁴ The need for youth shelter services far outpaces the supply.	 <p>Youth Shelter</p>
Psychiatric Residential Treatment Facility (PRTF)	There are no Psychiatric Residential Treatment Facilities (PRTF) ³⁵ for youth in Gallatin County. This service may be included in a future phase of the Gallatin Youth Behavioral Health Campus.	 <p>PRTF</p>

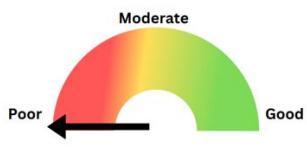
³² https://archive.legmt.gov/bills/mca/title_0760/chapter_0020/part_0040/section_0110/0760-0020-0040-0110.html

³³ <https://thehrdc.org/housing/homeless-services/emergency-shelter/>

³⁴ <https://thehrdc.org/emerging-adults/young-adult-housing/>

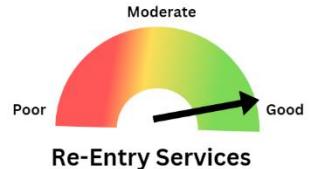
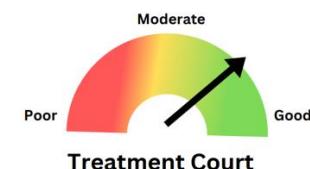
³⁵ <https://dphhs.mt.gov/assets/BHDD/CMB/CMHBServicesContinuumofCare.pdf>

Inpatient

Service	Description	Rating
Inpatient	Bozeman Health is opening a 14-bed adult inpatient psychiatric unit in the summer/fall of 2025 . ³⁶	
Pediatric Inpatient	There are no pediatric inpatient psychiatric services in Gallatin County.	

³⁶ <https://www.bozemanhealth.org/news/releases/bozeman-health-starts-construction-of-adult-inpatient-behavioral-health-unit/>

Criminal Justice

Service	Description	Rating
Jail-Based Services	The Gallatin County Detention Center provides medical care, mental health services, and substance use disorder services for people who are incarcerated. ³⁷ The detention center needs more behavioral health services to meet the needs of its inmates.	 Jail-Based Services
Re-Entry Services	The Gallatin County Detention Center Fresh Start Program helps inmates transition back to the community with the services and supports they need to be successful. The program effectively reduces recidivism and just added an additional re-entry coordinator.	 Re-Entry Services
Treatment Court	Gallatin County has a Treatment Court that provides a pathway for people with substance use disorders who have been convicted of a crime to get treatment and take part in community service to avoid going to jail. ³⁸	 Treatment Court
Mental Health Court	Mental Health Courts generally serve nonviolent individuals who have been diagnosed with a mental illness by linking them to treatment and social health services to divert them from incarceration. Gallatin County does not currently have Mental Health Court.	 Mental Health Court
Probation & Parole	Gallatin County's Probation and Parole services supervise offenders in the community. This program can improve its collaboration with the behavioral health system. ³⁹	 Probation & Parole

³⁷ <https://www.gallatinmt.gov/detention-center-#:~:text=To%20give%20each%20person%20the,service%2C%20addiction%20counseling%20and%20parenting.>

³⁸ <https://www.gallatinmt.gov/court-services/pages/treatment-court>

³⁹ <https://cor.mt.gov/ProbationandParole/>